














fit guidelines

| BRAND | GENDER | XXS | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL | 6XL |
|---|-----------------------------|-------|--------|---------|--------|---------|---------|---------|-------|-------|-------|-------|
|  | Men's (Chest) | | | 36-38 | 39-41 | 42-44 | 45-47 | 48-50 | 51-53 | | | |
| | Women's (Chest) | | | 34-35 | 36-37 | 38-40 | 42-43 | 45-46 | | | | |
|  | Men's (Chest) | | | 36-41 | 41-43 | 43-45 | 45-47 | 47-49 | 49-51 | | | |
| | Women's (Size) | | 0-2 | 4-6 | 6-8 | 10-12 | 12-14 | 14-16 | | | | |
|  | Men's (Chest) | | | 36-38 | 39-41 | 42-44 | 45-47 | 48-50 | | | | |
| | Women's (Chest) | | 30-32 | 32-34 | 34-36 | 36-38 | 39-40 | | | | | |
| | Women's (Waist) | | 24-26 | 26-28 | 28-30 | 30-32 | 32-34 | | | | | |
| | Unisex (Chest) | 32-34 | 34-36 | 36-38 | 39-41 | 42-44 | 45-47 | 48-50 | | | | |
| | Unisex (Waist) | 23-25 | 26-28 | 29-31 | 32-34 | 35-37 | 38-40 | 41-43 | | | | |
| American Apparel | Men's/Unisex (Chest) | | 30-32 | 34-36 | 38-40 | 42-44 | 46-48 | 48-50 | 50-52 | | | |
| | Men's/Unisex (Waist) | | 28-30 | 30-32 | 32-33 | 33-34 | 36-38 | 40-42 | 44-48 | | | |
| | Women's (Chest) | | 28-30 | 30-32 | 32-34 | 36-38 | 40-42 | 44-46 | | | | |
| | Women's (Waist) | | 23-24 | 25-26 | 27-28 | 30-32 | 33-35 | 36-38 | | | | |
|  | Men's T-Shirt (Chest) | | 32 | 36 | 40 | 44 | 48 | 52 | 56 | 60 | | |
| | Men's Sport Shirt (Chest) | | | 38 | 42 | 46 | 50 | 54 | 58 | 62 | 66 | |
| | Men's (Waist) | | | 28-30 | 32-34 | 36-38 | 40-42 | 44-46 | | | | |
| | Women's Relaxed Fit (Chest) | | | 36 | 40 | 44 | 48 | 52 | 56 | | | |
| | Women's Classic (Chest) | | | 34 | 38 | 42 | 46 | 50 | | | | |
| | Women's Fitted (Chest) | | | 30 | 33 | 36 | 39 | 42 | | | | |
| | Women's (Waist Size) | | 0-2 | 4-6 | 8-10 | 12-14 | 16-18 | | | | | |
| | Youth (Size) | | 2-4 | 6-8 | 10-12 | 14-16 | 16-18 | | | | | |
|  | Men's (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | | | |
| | Adult (Waist) | | | 28-30 | 32-34 | 36-38 | 40-42 | 44-46 | 48-50 | 52-54 | 56-58 | |
|  | Men's (Chest) | | | 35-38 | 38-41 | 42-45 | 45-48 | 48-52 | 52-56 | | | |
| | Women's (Chest) | | | 34-36 | 38-40 | 40-42 | 42-44 | | | | | |
|  | Men's (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | | | |
| | Men's (Waist) | | | 28-30 | 32-34 | 36-38 | 40-42 | 44-46 | 48-50 | | | |
| | Women's (Chest) | | | 32½-34½ | 35-37 | 37½-39½ | 40-42 | | | | | |
| | Women's (Waist) | | | 24½-26½ | 27-29 | 29½-32½ | 33-36 | | | | | |
|  | Men's (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | 62-64 | 64-68 |
| | Women's (Chest) | | | 33½-35½ | 36-38 | 39-41 | 43½-46 | 48½-50 | 51-53 | | | |
| | Unisex Outerwear (Chest) | | 33-35 | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | | |
|  | Men's (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | | | | |
| | Women's (Size) | | | 2-4 | 6-8 | 10-12 | 14-16 | 16-18 | | | | |
| | Youth (Chest) | | 23-25 | 26-28 | 30-32 | 34-36 | | | | | | |
|  | Men's (Chest) | | | 37-45½ | 41-47½ | 45-50½ | 49-53 | 53-66 | 56 | | | |
| | Women's (Chest) | | 30-30½ | 34-40 | 38-42½ | 41-46 | 44-47½ | 47-54 | | | | |
| | Youth (Chest) | | 27-29 | 30-32 | 33-35 | 37-38 | 40-41½ | | | | | |
|  | Men's (Chest) | | | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | 62-64 | | |
| | Women's (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | | | | |
|  | Men's (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | 62-64 | 64-66 |
| | Women's (Chest) | | 31½-33 | 33½-35½ | 36-38 | 39-41 | 42½-44½ | 46½-48½ | 51-53 | | | |

| BRAND | GENDER | XXS | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL | 6XL |
|---|--------------------------|-----|---------|---------|----------|----------|----------|---------|--------|-------|-------|-------|
|  | Men's Workwear (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | 62-64 | |
| | Men's Workwear (Waist) | | | 28-30 | 32-34 | 34-36 | 38-40 | 40-42 | 44-46 | 48-50 | 50-52 | |
| | Women's Workwear (Chest) | | 34½ | 36½ | 39 | 42 | 46 | 50 | | | | |
| | Women's Workwear (Size) | | | 6-8 | 10-12 | 14-16 | 18-20 | 22-24 | | | | |
| | Men's Chef (Chest) | | 32-34 | 36-8 | 40-42 | 44-46 | 48-50 | 52-54 | 56-58 | | | |
| | Chef Pants (Waist) | | 24-26 | 28-30 | 32-34 | 36-38 | 40-42 | 44-46 | 48-50 | | | |
| | Women's Chef (Chest) | | 32 | 34-36 | 38-40 | 42-44 | | | | | | |
|  | Men's (Chest) | | | 36-38 | 40-42 | 44-46 | 48-50 | 52-54 | | | | |
| | Women's (Size) | | | 4-6 | 6-8 | 10-12 | 12-14 | | | | | |
|  | Men's (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | 62-64 | |
| | Youth (Size/Chest) | | 2-4/28 | 6-8/32 | 10-12/34 | 14-16/36 | 18-20/38 | | | | | |
|  | Men's (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | 62-64 | |
| | Women's (Chest) | | 30-32 | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | | | |
| | Youth (Size) | | 2-4 | 6-8 | 10-12 | 14-16 | 18-20 | | | | | |
|  | Men's (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | 62-64 | 66-68 |
| | Women's (Size) | | 0-2 | 4-6 | 8-10 | 12-14 | 16-18 | 20-22 | 24-26 | | | |
| | Youth (Size) | | 2-4 | 6-8 | 10-12 | 14-16 | 18-20 | | | | | |
|  | Men's (Chest) | | 32-34 | 36-38 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | 62-64 | 66-68 |
| | Women's (Chest) | | | 33½-35½ | 36-38 | 39-41 | 42½-44½ | 46½-48½ | 51-53 | | | |
| | Unisex Outerwear (Chest) | | 33½-35½ | 36-38 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | | |
| | Youth (Size) | | | 8 | 10-12 | 14-16 | 18-20 | | | | | |
|  | Men's (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | | |
| | Women's (Chest) | | 33-33½ | 33½-35½ | 36-38 | 39-41 | 42½-44½ | 46½-48½ | 51-53 | | | |
|  | Men's (Chest) | | | 36-38 | 38-40 | 40-42 | 42-44 | 44-46 | | | | |
| | Women's (Chest) | | | 31-32½ | 33-35 | 35-37 | 37-39 | 39-40 | | | | |
|  | Men's (Chest) | | | 42 | 45 | 48 | 51 | 54 | 57 | | | |
| | Women's (Chest) | | | 36 | 38 | 41 | 44 | 47 | | | | |
|  | Men's (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | 62-64 | |
| | Women's (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | | | | |
| | Youth (Size/Chest) | | 2-4/28 | 6-8/32 | 10-12/34 | 14-16/36 | 18-20/38 | | | | | |
|  | Women's (Size) | | | 6 | 8 | 10-12 | 14-16 | 16-18 | 20 | | | |
|  | Men's (Chest) | | 32-33 | 34-36 | 38-40 | 41-43 | 44-46 | 48-50 | 52-54 | 56-58 | 60-62 | 64-66 |
| | Women's (Chest) | | 32-33 | 34-35 | 36-38 | 39-41 | 42-44 | 45-47 | 48-50 | | | |
| | Women's (Size) | | 2-4 | 6-8 | 10-12 | 14-16 | 18-20 | 22-24 | 26-28 | | | |
|  | Unisex/Men's (Chest) | | | 35-38 | 38-41 | 42-45 | 45-48 | 48-52 | | | | |
| | Women's (Chest) | | | 33-34 | 35-36 | 37-39 | 40-42 | 43-45 | | | | |
|  | Men's (Chest) | | | 37½-39 | 39½-41 | 41½-43 | 43½-45 | 45½-47 | 47½-49 | | | |
| | Women's (Chest) | | | 35-36½ | 37-38½ | 39-40½ | 41-42½ | 43-44½ | | | | |
|  | Adult (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | 62-64 | |
| | Youth (Size) | | 2-4 | 6-8 | 10-12 | 14-16 | | | | | | |
|  | Men's (Chest) | | | 45 | 49 | 53 | 57 | 61 | 65 | | | |
| | Women's (Chest) | | 37-40 | 39-40 | 41-44 | 44-47 | 48-50 | 52-54 | 58 | | | |
|  | Men's (Chest) | | | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | | | |
| | Women's (Size) | | | 6-8 | 10-12 | 14-16 | 18-20 | 22-24 | | | | |